

Name: _____

REQUIRED Reflection Exercise **Pre-Field** Trip Beh Sci 355: Biopsychology

Please take time to think about the following questions and write complete, reflective answers. Make sure you answer all questions, and all parts of each question. Incomplete or superficial answers will not receive full credit. The questions, however, will generally not have a “right” or “wrong” answer, instead, they will be personal reflections. The open-ended questions should have 4-5 sentences each as part of your response. (10 points)

1. The visit to Craig Hospital will provide a valuable learning component to this course.

Strongly Agree Agree Disagree Strongly Disagree

2. If someone close to you (family, friend or someone in your unit) acquired a neurological disorder, would your response to the situation **and** your interactions with them change? Explain.

3. What are your thoughts regarding the upcoming visit to Craig Hospital? About what are you most hesitant? About what are you most excited? Explain. Have you visited a similar facility before? If yes, describe the facility and explain how it impacts your thoughts regarding the upcoming visit.

4. Describe what you believe to be true about individuals with brain injury.

5. Describe what you believe to be true about individuals with spinal cord injury.

REQUIRED Reflection Exercise **Post-Field** Trip Beh Sci 355: Biopsychology

Please take time to think about the following questions and write complete, reflective answers. Make sure you answer all questions, and all parts of each question. Incomplete or superficial answers will not receive full credit. The questions, however, will generally not have a “right” or “wrong” answer, instead, they will be personal reflections. The open-ended questions should have 4-5 sentences each as part of your response. (10 points)

1. The visit to Craig Hospital provided a valuable learning component to this course.

Strongly Agree Agree Disagree Strongly Disagree

2. Now that you visited Craig Hospital, what most surprised you about your experience there and/or challenged your beliefs? Explain. If you were going to visit this hospital or some other rehabilitation hospital in the future, about what would you be most hesitant? About what might you be most excited?

3. What did you notice while at Craig Hospital that linked to at least two specific things that you learned in class? Explain.

4. If someone close to you (family, friend or someone in your unit) acquired a neurological disorder, would your response to the situation **and** your interactions with them differ now that you’ve gone to Craig Hospital? Explain.

5. Describe what you believe to be true about individuals with brain injury.

6. Describe what you believe to be true about individuals with spinal cord injury.

7. What are some of the reasons why you might feel hesitant to interact with this / these group(s)? Is there anything you learned from your interactions with the individuals at Craig hospital that might make you feel less hesitant when interacting with these groups? Please explain.